





### How we work

### 1 Tell us your story

We know that everyone is unique, so tell us about yourself, what you're interested in and what your goals are.

### 2 We'll connect you

We can connect you to a range of service choices that will open up the opportunity for you to grow, and enjoy your life.

### 3 We're here to listen

We will check in with you to make sure you are happy with each service – we want to know how we can be the very best and are open to feedback any time.

### 4 You'll have complete flexibility

You can change your mind at any time and choose something else to try. Just let us know and we can update your choices to suit.

### 5 Together, we'll track your goals

We can offer you updates on your progress at any time and give you and your loved ones access to a range of info about how you're going.

### 6 Your opportunities, your life!

Our network of community hubs and service choices means less time looking and more time living your life!



# Your choices

We offer flexible support in a group setting or one-on-one any time you like.

### Life skills choices

- Personal care and self-care
- Communication
- Budgeting
- Grocery shopping
- Meal preparation
- Positive behaviour support
- Goal setting
- Work readiness

### **Community choices**

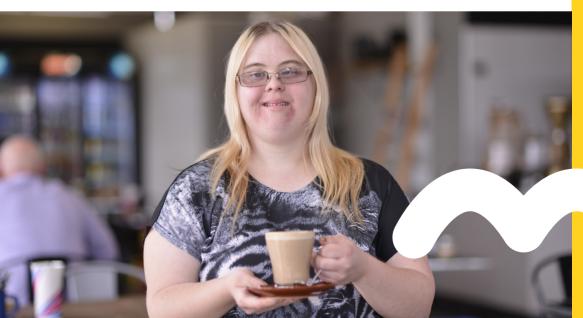
- Community access activities
- Travel training
- Events and recreation
- Tours and sightseeing

### Social & interest choices

- Arts and crafts
- Leisure and recreation
- Interest groups
- Performance arts, music and dance
- Gym and fitness
- Choir and singing
- Swimming and swim safety
- Computers and digital technology

### Employment & training choices

- Employment pathways
- Supported employment
- Traineeships (VCAL)
- School Leaver Employment Support (SLES)



## Let us open up the NDIS for you!

Let us open up the possibilities of your NDIS plan. Our dedicated NDIS team can help you get the most out of the NDIS in a few simple steps, meaning less time planning and more time living your life!

### Step 1.

We'll take you through the NDIS process step-by-step, and make it easy to understand.

### Step 2.

We'll work with you to understand your life and your goals.

### Step 3.

We'll offer support to you, your family and your carers to make sure you get the best outcome possible.

### Step 4.

Our support doesn't end with your first plan. We'll also support you to prepare for the review process.

Contact hello@mambourin.org or call 9731 9200

### Why Mambourin?

Since 1975 we have been opening up opportunities for people in our community. We know that everyone is unique, so no matter what you want to learn or are interested in, we will do our very best to connect you to it.



### **Our values**

We exist to connect people to every opportunity and support them to get what they want out of life.

### Putting the person first

- We celebrate diversity and inclusion, and respect that everyone is different
- We take time to understand your goals and what's most important to you
- We support you to make your own decisions about what you want in life

### **Our community**

- We are a community where you are safe and secure
- You will always have a team of support, every step of the way
- We use our strong community connections to support you to learn, grow and enjoy your life

### Making a difference

- We remove barriers so we can create opportunities for you
- We connect you to a network of people, activities and services that will help you achieve your goals
- We will provide you with opportunities to explore and try new things

#### Service excellence

- We will always be honest and open with our communication
- We will work hard to get you the best possible outcome
- If you give us feedback, you will always be heard

## **Our locations**

### **Deer Park**

Cnr Miles St and Ballarat Rd Deer Park VIC 3023 9361 8500

### Altona

130 Queen St Altona VIC 3016 9398 4022

### **Bacchus Marsh**

21-23 Gell Street Bacchus Marsh VIC 3340 4411 8701

### Braybrook

Ravenhall St Braybrook VIC 3019 9313 0800

### Melton

20 McKenzie St (enter via Smith Street) Melton VIC 3337 9971 5927

### Sunshine

50 Stanford St Sunshine VIC 3020 9364 7999

#### Werribee

11 Walls Rd Werribee VIC 3030 9731 8210

### Traineeships

2/135 Derrimut Drive Derrimut VIC 3026 9731 9212

### Head Office & Supported Employment

159 Derrimut Drive Derrimut VIC 3026 9731 9200



### 9731 9200 www.mambourin.org